

POINTEFORWARD BALLET



In-school Ballet Programme
Information Pack

Programme Overview

PointeForward Ballet is a family-funded, in-school programme that enriches education and makes quality ballet accessible to all children. We deliver the Royal Academy of Dance (RAD) syllabus — a globally recognised standard rarely offered in primary school settings — giving pupils the opportunity to experience world-class dance training during the school day. Our lessons nurture confidence, creativity, discipline, wellbeing, and teamwork, complementing your school's ethos and curriculum.

Lessons

Timing: Pupils receive one 30-minute lesson per week.

Groups: Pupils are grouped by Key Stage:

- KS1: 30-minute weekly lesson
- KS2: 30-minute weekly lesson

Together, this requires two 30-minute timetable slots per week (either back-to-back or on separate days) to accommodate all sessions.

Ratios: a maximum of 30 students across KS1 and KS2

Location: School hall or a suitable indoor space.

Optional: Some afterschool slots may be possible if available.

Curriculum & Educational Value

Our programme supports:

- PE & Dance: Developing coordination, balance, and fitness.
- Music & Rhythm: Enhancing musicality and listening skills.
- PSHE & Character Education: Building resilience, focus, teamwork, and self-confidence.

- Creativity & Wellbeing: Encouraging expressive movement and personal growth.

Reassurance & Behaviour

Our sessions are designed to run smoothly and safely within the school environment.

- We set clear, simple expectations at the start of each lesson and use positive, age-appropriate behaviour management.
- We follow each school's behaviour policy and work closely with staff if any pupil needs additional support.
- Lessons follow a structured, calm format to ensure safe movement and focused participation.

Pupils change their shoes quickly and calmly, and are returned to class promptly, ensuring the school day continues without disruption.

Performances

- Termly showcases (Autumn, Spring, Summer) allow pupils to perform for classmates, teachers, and family.
- Duration: 20-minute assembly, plus 40 minutes preparation time in a classroom/space (1 hour total).
- Performance dates are scheduled in partnership with the school.
- Students perform in tutus, supplied by PointeForward Ballet.

Assessment & Progress

- Pupils' progress is tracked using RAD guidelines.
- Performance based – no formal exams
- Students participate in termly performance assemblies to showcase progress
- Certificates for participation to celebrate achievement.

Tuition

- Families pay directly to PointeForward Ballet; schools host the programme without extra cost or administration.
- Schools can use Pupil Premium to support eligible pupils if desired.

Inclusivity & Accessibility

Our programme is designed to be inclusive and enjoyable for a wide range of pupils, both boys and girls, offering a welcoming environment for complete beginners as well as more confident dancers.

Please note: for safety reasons, participation may not be suitable for pupils who require one-to-one support, have complex mobility needs, or require specialist care during physical activity. These cases can be discussed individually with the school to ensure appropriate provision.

Instructors & Safeguarding

All instructors are:

- Royal Academy of Dance registered
- Enhanced DBS-checked
- First Aid certified
- Covered by Liability Insurance
- Experienced in working with primary-age children
- Able to adapt sessions for children of all abilities

Student Participation Requirements

- Attire: School PE kit worn for convenience and ballet slippers for safe dance practice.
- Equipment: None required — we supply all teaching materials.

Next Steps

We would love to bring PointeForward Ballet to your school. To arrange a trial session, assembly presentation or to schedule a visit please contact:

Rebecca Jorgensen

Director of PointeForward Ballet Ltd.

Email: ballet@pointeforward.co.uk

Phone: 07857 037 338

Please contact us if you have any questions or would like to speak in more detail about what the programme can offer your school.