



POINTEFORWARD BALLET



In-school Ballet Programme Information Pack

Programme Overview

PointeForward Ballet is a family-funded, in-school enrichment programme that enhances education and makes quality classical ballet accessible to all children. We deliver the Royal Academy of Dance (RAD) syllabus — a globally recognised standard rarely offered in primary school settings — giving pupils the opportunity to experience world-class dance training during the school day. Our calm, structured and disciplined lessons nurture confidence, creativity, wellbeing, and teamwork, complementing your school's ethos and curriculum.

Lessons

Timing: Pupils receive one 30-minute lesson per week.

Groups: Pupils are grouped by Key Stage:

- KS1: 30-minute weekly lesson
- KS2: 30-minute weekly lesson

Together, this requires two 30-minute timetable slots per week (either back-to-back or on separate days) to accommodate all sessions.

Ratios: Class sizes are preferably smaller, to ensure efficient teaching, individual attention and safe, focussed learning. With this, class sizes must not exceed 20 students per key stage (KS1 & KS2).

Location: School hall or a suitable indoor space.

Optional: Some afterschool slots may be possible if available.

Tuition & Accessibility

- ZERO cost or administration requirement for participating schools. Families pay directly to PointeForward Ballet via our secure website. This is a monthly rolling subscription, priced at £35. In

addition, a pair of ballet slippers are required for participation, which families purchase (valued at less than £10).

- Schools can use Pupil Premium to support eligible pupils if desired.

Performances

- Termly showcases (Autumn, Spring, Summer) allow pupils to perform for classmates, teachers, and family.
- Duration: 20-minute assembly, plus 40 minutes preparation time in a classroom/space (1 hour total).
- Performance dates are scheduled in partnership with the school.
- Students perform in tutus, supplied by PointeForward Ballet.

Curriculum & Educational Value

Our programme:

- Delivers high-quality dance provision that enhances your school's curriculum, taught by specialist practitioners using the structure and progression of the RAD syllabus to ensure consistency and measurable learning outcomes.
- Enriches pupils' education through creative, physical, and expressive learning, supporting key priorities such as physical literacy, well-being, behaviour, confidence, resilience, and engagement across the wider curriculum.
- Actively involves families and the school community, strengthening home-school partnerships by giving parents insight into their children's progress and achievements.
- Offers pupils exciting opportunities to create, perform, and collaborate—building resilience, teamwork, and communication skills that transfer directly to classroom learning.

- Connects your school with local dance networks and development pathways, broadening pupils' access to arts participation and cultural enrichment.

Reassurance & Behaviour

The nature of our sessions are calm and structured, designed to run smoothly and safely within the school environment.

- We set clear, simple expectations at the start of each lesson and use positive, age-appropriate behaviour management.
- We follow each school's behaviour policy and work closely with staff if any pupil needs additional support.

Pupils change their shoes and are returned to class promptly, ensuring the school day continues without disruption.

Assessment & Progress

- Pupils' progress is tracked using RAD guidelines.
- Performance based – no formal exams
- Students participate in termly performance assemblies to showcase progress
- Certificates for participation to celebrate achievement.

Inclusivity & Accessibility

Our programme is designed to be inclusive and enjoyable for a wide range of pupils, both boys and girls, offering a welcoming environment for complete beginners as well as more confident dancers.

Please note: for safety reasons, participation may not be suitable for pupils who require one-to-one support, have complex mobility needs, or require specialist care during physical activity. These cases can be discussed individually with the school to ensure appropriate provision.

Instructors & Safeguarding

All instructors are:

- Royal Academy of Dance registered
- Enhanced DBS-checked
- First Aid certified
- Covered by Liability Insurance
- Site risk assessment is completed for each participating school, in accordance with legislation
- Experienced in working with primary-age children
- Able to adapt sessions for children of all abilities

Student Participation Requirements

- Attire: School PE kit worn for convenience and ballet slippers for safe dance practice. Students are required to arrive to school with their hair pulled back into a bun, ready for ballet.
- Equipment: None required — we supply all teaching materials.

Next Steps

We would love to discuss how PointeForward Ballet can enhance your school's extracurricular offering. Contact us to schedule a brief introductory meeting or [click here](#) to book a FREE pilot session, to gauge student interest.

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